



## 2<sup>nd</sup> Summer Kendo and Iaido Seminar Ohrid 2008

**Promoting Organization:** Macedonian Kendo-Iaido Federation;

**Hosting Organization:** Center for Japan Martial Arts and Spiritual culture  
"SAMURAJ DOJO" – Skopje;

**Place and Venue:** Hotel "Orce Nikolov" – Ohrid, Macedonia;

**Events terms:** August 22 (Friday) 2008 - August 24 (Sunday) 2008

**Seminar teacher:** Sensei Zlatko Keskovski

### Seminar Schedule

#### 22 August (Friday)

18.00 Arrival and registration

19.00 Opening ceremony

19.30 - 21.00 Iaido [SEITEI Kata, (hakama, obi, gi and Iaitou)]

21.00 - 22.30 Kendo [Kihon suburi]

#### 23 August (Saturday)

06.30 - 07.30 Kendo [morning suburi and kihon]

07.30 - 08.30 Iaido [Musō Shinden ryū kata, kiri waza,  
chiburi waza]

12.30 - 14.30 Kendo [Kendo kata 1-7 + kihon waza]

14.30 - 16.00 Iaido [Musō Shinden Ryū SHODEN]

18.30 – 20.30 Kendo [Ji Keiko]

20.30 - 22.00 Iaido [posture, breathing, movements, drawing the sword, Noto]

#### 24 August (Sunday)

08.30 - 10.00 Kendo [45min Kihon waza, 45min Ji keiko]

10.00 - 11.30 Iaido [Musō Shinden Ryū and Seitei Kata]

12.00 Closing ceremony